



22nd Asian U20 Athletics Championships Hong Kong, China

28th to 31st May 2026



Revised version as of 24 May 2026

Table of contents

1. GENERAL INFORMATION
2. TRANSPORTATION
3. ACCREDITATION
4. ACCOMMODATION
5. COMPETITION
6. COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS
7. ENTRY, QUALIFICATION SYSTEM & FINAL CONFIRMATIONS
8. COMPETITION PROCEDURES
9. MEDICAL
10. CEREMONIES & SOCIALS

1. GENERAL INFORMATION

Host City

Hong Kong is a special administrative region of China. Situated on China's southern coast just south of Shenzhen, it consists of Hong Kong Island, Kowloon, and the New Territories. With 7.5 million residents in a 1,114-square-kilometre (430 sq mi) territory, Hong Kong is the fourth-most densely populated region in the world.

Climate

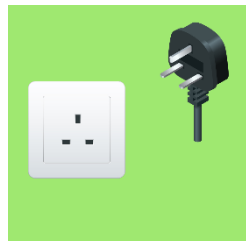
Hong Kong has a humid subtropical climate, characteristic of southern China, closely bordering on a tropical monsoon climate. Summers are long, hot, and humid, with occasional showers and thunderstorms and warm air from the southwest. The humid climate of Hong Kong intensifies summer heat.

Hong Kong really starts to warm up in May. Average daytime temperatures hit 29°C and nights only cool down to 23°C. These temperatures make the May monthly average temperature in Hong Kong 26°C. Daytime temperatures towards the end of the month, going into June, are typically 30°C.

Language English & Chinese

Local time GMT +8

Electricity Hong Kong operates on a 220V supply voltage and 50Hz, Hong Kong uses Type G sockets.



Telephone country code

The area code of Hong Kong is +852.

Mobile phone networks

Mobile networks cover most urban areas in Hong Kong, it is recommended that you could purchase data card upon arrival to Hong Kong.

Currency

The official currency of Hong Kong is the Hong Kong dollar (HKD), often shown as "\$" or "HK\$". The dollar is divided into 100 cents, and each 10 cents is called a "houh". There are banknotes to the value of 10, 20, 50, 100, 500 and 1000 HKD and coins worth 10, 20 and 50 cents and 1, 2, 5 and 10 HKD.

2. TRANSPORTATION

2.1. Arrivals

2.1.1. Official Airport and Welcome Services

Hong Kong International Airport will be the official airport, LOC will deploy officials to receive the teams at the arrival hall according to the flight itineraries provided by teams. LOC will arrange transportation for all teams to Team Hotel.

2.1.2. Entry Visas

Please contact:

Email: hkasianu20@hkaaa.com

Requests for invitation letters shall be supported with the following information:

- Full name (first name and family name as shown in passport)
- Function in the Team (e.g. athlete, official)
- Gender
- Date of birth
- Passport Number and Passport Expiry Date (passports should be valid for at least 3 months after the end of the competition)

2.1.3. Insurance

All Participating Member Federations are responsible for their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the Asian Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

2.2. Local Transportation

Transportation between the team hotel and various venues, including official and social functions, will be guaranteed by the LOC shuttle service depending on the timing and distance between the venues. When it's possible, no transportation will be provided, and team members will take the public transportation or walk.

2.2.1. To the competition venue

Walking time between the teams hotels and the competition venue will be 5 minutes.

2.2.2. To the warm up venues

Transfer times between the teams hotels and the warm up venue will be around 20 minutes, depending on the traffic conditions.

2.2.3. To official functions

A detailed specific timetable will be posted on the notice boards at the Information desk in each Team Hotel.

2.3. Transportation of Equipment

Participating teams should notify LOC in advance in case if bulky equipment or implements will be travelled with them for prior arrangement of special transportation.

2.4. Departure

A shuttle service will also be in place for team departures. Details of the team departure transportation service will be based on the departure schedule, which will be posted at the Information Desk of each team hotel at least 24 hours before departure.

Teams will be asked to provide full travel details together with the final entries. Team leaders will have to confirm departure details during the accreditation process.

Any changes to the provided details shall be communicated to the LOC (Information Desk at the team hotel), at least 48 hours before departure.

3. ACCREDITATION

3.1. General

In general, an accreditation card is proof of authority to access specific zones to carry out a function. It will contain alpha-numeric and colour-coded cardholder categories and numbered accreditation zones. The listed zones on each card will indicate the specific access privileges for each individual.

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. The accreditation is non-transferable and does not allow the holder to take another person beyond checkpoints. The holder is granted access rights only to the zones indicated on the front and shall use the designated entrances accordingly. The accreditation card remains Athletics property and can be withdrawn at any time.

3.2. Accreditation Centre

The Main Accreditation Centre (MAC) will be located at the Team Hotel (Dorsett Kai Tak Hotel).-+ This is where the Team Leader shall report as soon as possible after his/her arrival, in order to carry out the administrative procedures.

The opening dates and times of the Teams' Accreditation Centre will be as follows:

Date	Opening hours
26 May 2026	09:00 – 20:00
27 May 2026	09:00 – 20:00
28 May 2026	08:00 – 21:00
29 May 2026	08:00 – 21:00
30 May 2026	08:00 – 21:00
31 May 2026	08:00 – 21:00

3.3. Registration procedure

Registration of all Team Members must be done through Asian Athletics Entries System, during the Final Entries which will be open from 28 March and closing on 28 April (24:00 CET) Thailand Time.

Please note:

Each accreditation requires a photo (passport type, in colour, recent, in focus, facing the camera, without sunglasses or hat/cap, taken no longer than 6 months ago), which needs to be uploaded by the Final Entries deadline. Please upload all photos as a jpeg file. Each photo must not exceed 1.0MB in size. Only completed registrations including approved photos can be produced in advance and thus speed up the issuing process on site.

Accreditation cards will be printed in advance, based on the information provided by the Member Federation through the Asian Athletics Entries System. No changes will be accepted after the Final Entries' deadline.

3.4. Accreditation Procedure

The Team Leader will be asked to complete the following formalities before collection of the accreditation cards for the whole team:

- LOC accommodation invoice settlement,
- Team Leaders' package collection (including bibs),
- Team Vest check,
- Confirmation of departure details.

Please note:

- Anyone picking up one or more accreditations at the Delivery Desk has to sign for them,
- Unauthorised use of an accreditation card will result in the card being confiscated.

A lost accreditation card is a potential security risk and will be treated very carefully by the security authorities. Any lost or damaged accreditation cards should be reported immediately to the Accreditation Centre. In case of losing the accreditation card, a fee of 100 USD will be charged for the replacement.

3.5. Access Areas for Teams and Special Passes

All team accreditation cards will allow access to the team seating area, warm-up area and training areas, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield. Furthermore, the accreditation can be used to access the Team Shuttle Buses and meals.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Asian Athletics shall provide special passes as required for the following categories:

- Horizontal Jumps coaching area (1 per athlete),
- Combined events resting area (1 per athlete + 1 per team),
- Mixed zone (for access to athletes at the end of the mixed zone) – one per team with a Team Press Liaison,
- Medical Pass (to access the medical room under the main tribune) – 1 per team with medical personnel.

The special passes for the Combined events resting room and the coaching areas will be distributed at the TIC, the day before the respective events, upon signature of the Team Leader, as well as Medical Passes if relevant. The mixed zone pass will be given out during accreditation procedure.

Access to the Doping Control Area: The athlete (and his/her representative) can access the Doping Control Station only when accompanied by a chaperone. A delayed representative, who wishes to accompany his/her athlete, shall go directly to the entrance of the Doping Control Station and will be admitted to the station once his/her athlete is identified, and the athlete is not yet accompanied by another representative. In case the athlete needs to be tested, because of a record or any other reason, he/she shall report to the TIC and fill in a doping control request form. After completing the administrative duties, the athlete (and his/her representative) will be escorted to the Doping Control Station from the TIC.

3.6 Access Areas for Teams and Special Passes

An extra Coaches / Replacement team official package is available for purchase for a limited period until May 20, 2026. To register, Team officials must be entered into the Asian Athletics online event system by selecting the appropriate category within the officials' section.

The Extra Coach Package will be priced at 100 USD and includes the following:

- Accreditation for the Asian U20 Athletics Championships with access to the team seating in the Competition Stadium.
- Access to Training Venues.
- Access to the Championships transport system.
- Access to the Warm-up Area and Field Event Coaches seating (only with special pass).
- Access for entering to the Team Hotels (optional accommodation in one of the hotels is available at extra cost, subject to availability).

Extra Team Officials must pay fee onsite while collecting the accreditation card.

4. ACCOMMODATION

4.1. General Information

The LOC has made accommodation arrangements for team members.

4.2. Official Hotels

The official hotels for the Asian Athletics U20 Championships are indicated below with internet address of their homepage where further details can be found:

Teams Hotels:

1. Dorsett Kai Tak Hong Kong (<https://www.dorsetthotels.com/dorsett-kai-tak/>)
2. Harbour Plaza 8 Degrees (<https://www.harbour-plaza.com/8degrees/en/>)

Asian Athletics Family Hotel

Regal Kowloon Hotel (<https://www.regalhotel.com/en/regal-kowloon-hotel>)

4.3. Accommodation Costs and Asian Athletics Quota

4.3.1. Asian Athletics Quota

Asian Athletics has previously informed all Member Federations about the allotted free places which were based on the achieved of Medal Winners and the number at the Asian Athletics U20 Championships held at Dubai 2024.

AFG	6
BRN	6
BAN	6
BHU	6
BRU	6
CAM	6
CHN	40
HKG	18
IND	40
INA	8
IRI	11
IRQ	9
JPN	40
JOR	6
KAZ	18
KGZ	6
KOR	16
PRK	6
KUW	6

MYA	6
NEP	6
OMA	6
PAK	6
PLE	6
PHI	6
QAT	20
KSA	10
SGP	6
SRI	13
SYR	6
TPE	13
TJK	6
THA	15
TLS	6
TKM	6
UAE	6
UZB	22
VIE	10

LAO	6
LBN	6
MAC	6
MAS	8
MDV	6
MGL	6

YEM	6
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Team Officials include Head of Delegation, Team Leader(s), Coaches, Medical Staff (medical doctors and physiotherapists), Team Press Liaison and others. To be eligible to be considered for the above quota, registered Team Officials must be at least 18 years old at the date of the final entries of the respective event.

4.3.2 Accommodation Costs

For all athletes within the Asian Athletics Quota, Asian Athletics will pay for full board accommodation, as stipulated in the Asian Athletics Competition, for a period limited to the number of competition days plus two (official period).

The official period is thus 6 nights: check-in on Tuesday, 26 May 2026 and check-out on Monday, 1 June 2026. No contribution shall be made for athletes representing the host Member Federation.

For additional nights or extra members of of quota, the below rates will be applied

The following rates (per room) apply for team members. This includes full board accommodation, VAT and local tax:

Team Members	Single Room	Twin / Triple Room
In-quota Athletes during the official period	N/A	Covered by LOC
Accommodation cost	USD230/person/night	USD190/person/night

Additional single rooms can be requested and will be given according to availability.

In case of later arrival/early departure of the sharing person, the night the twin room is used as a single room will be charged at the rate of the twin room.

We strongly encourage Member Federations to enter the number of athletes and officials as detailed and precise as possible. Asian Athletics will strictly follow the following regulations:

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full; no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

Note: The team Invoice will be based on the accommodation requests included in the final entries as well as any additional requirements indicated after the closing of the final entries.

4.3.3 Payment Procedures

Payments should be made in USD by bank transfer to the following account:

Bank account name: **Hong Kong, China Association of Athletics Affiliates Limited**

Bank name: **Standard Chartered Bank (Hong Kong) Limited**

Bank address: **Floor 32, Standard Chartered Bank Building, 4-4A Des Voeux Road,**

Central, H.K.

Swift No: **SCBLHKHHXXX**

IBAN:

VAT:

The total sum will be invoiced after the final entry deadline. The team leader is requested to provide the LOC with a proof of payment upon arrival at the Finances Office that will be located in the Main Accreditation Center. Payment can be made by credit card (VISA or Mastercard only) or by cash in USD.

4.4 Rooming list

Detailed information about athletes and officials' rooming list will have to be entered by the Member Federations during the Final Entries process.

4.5 Meals

Meals will all be served in buffet style and, to the extent possible, will be similar in all hotels. A large selection of suitable food will be available taking into consideration special diets, religion and culture of the participants.

Breakfast	06:30 – 10:00
Lunch	12:00 – 14:30
Dinner	18:30 – 21:00

A late serving provision will be made for those athletes retained at the stadium due to doping controls or protests.

For lunch and dinner, water will be available free of charge. All other drinks must be paid for. Accreditation cards will allow access to meals. Furthermore, access to restaurants will only be possible at the hotel where teams are staying.

4.6 Services in the Team Hotels

4.6.1 Information Desk

An Information Desk will be located in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the Asian Athletics U20 Championships.

Any information regarding competition, transportation, meeting rooms, meals, physio services, etc. will be provided at the Information Desk.

The Information Desks' opening hours will be as follows:

Date	Opening hours
26 May 2026	according to teams' arrival and activities program
27 May 2026	0800 – 2100
28 May 2026	
29 May 2026	0700 – 2200
30 May 2026	
31 May 2026	
1 June 2026	according to teams' departure

4.6.2 Meeting Rooms

Rooms for meeting opportunities are available at team hotel. Reservation shall be required via the Information Desk at a reasonable time in advance. Charge will be required for the use of meeting room upon request.

To ensure that all teams have access to the meeting room, usage may be limited.

4.6.3 Rooms for Physiotherapy

General physiotherapy rooms will be available in Team Hotel for the teams to set-up their own massage beds. To ensure fair distribution among all teams, the usage of the general physiotherapy rooms per team might be limited. There is also the possibility to reserve physiotherapy rooms for exclusive use at the team's expense (dedicated team physiotherapy rooms with the exclusive right for the whole duration of the Championships). For these, please contact LOC in advance regarding the reservation of dedicated team physiotherapy room. Needs will be accommodated according to the hotel rooms availability.

4.6.4 Internet Access



Free internet access will be provided at team hotels.



4.6.5 Check-in / check-out times

Check-in: from 15:00

Check-out: until 12:00

Please contact the LOC for specific arrangements outside these times.

5. COMPETITION

5.1. Technical Information

5.1.1. Technical Information Centre (TIC)

The TIC is located at the competition venue (see appendix).

The main function of the Technical Information center is to ensure a smooth liaison between each Team Delegation, the Local Organising Committee, Asian Athletics Technical Delegates and the Competition Management of the Championships regarding technical matters.

The TIC will be open according to the following schedule:

Dates	Opening hours
27May 2026	9:00-17:00
28 May 2026	8:00-21:30
29 May 2026	8:00-13:00, 15:00-21:30
30 May 2026	8:00-13:00, 15:00-21:30
31 May 2026	8:00-13:00, 15:00-22:30

The TIC is responsible for, but not limited to, the following:

- display on the relevant notice board of official communications to the teams, including start lists, results and Call Room reporting times,
- distribution of urgent notices to the delegations from the Technical Delegates and Competition Management via the virtual TIC and dedicated Team Leaders' Group,
- managing Written Questions and TIC general inquiries etc. via Virtual TIC or in hard copies available in TIC,
- managing of Final Confirmations, Relay Order Declarations, and Withdrawal Forms via Virtual TIC,
- registration and collection of personal implements, and Informing teams in case of any personal implement is not approved after implement control,
- managing additional doping control requests,
- registration of Protests via Virtual TIC.

The distribution of competition related information and important notices of general interest (e.g. changes to the timetable) at the TIC will NOT be systematically made through printouts in the Team pigeonholes but will be displayed on the notice boards. It will still be possible to request occasional copies of specific event start lists and / or results at the TIC.

Virtual TIC

Team Leaders will also be provided with an individual and personalized access to Asian Athletics online tool, where they will be able to:

- make their final confirmations,
- download information posted by the LOC / Asian Athletics (technical information, qualification procedures and starting heights, daily call room schedule, etc. ...),
- fill-in competition forms (question for Technical Briefing, technical enquiries to TIC, withdrawal forms, etc. ...),
- launch protests and/or appeals

ASIAN ATHLETICS COMPETITION DEPARTMENT OFFICES

Staff from Asian Athletics Competitions Department will be in Hong Kong, China to assist the LOC with the final preparation and conduct of the Championships, and the teams with their participation. They can be contacted as follows:

25th – 27th May via CID in Team Hotels

28th – 31st May via Asian Athletics Competitions Office at stadium, which can be contacted through the TIC.

The platform will be accessible at a link to be communicated to the Teams after the Final Entries. The online tool is accessible via any device (e.g. PC, smartphone, etc) having access to the internet.

5.1.2. Technical Briefing and Orientation Tour

Technical Briefing will be held at 11am on 27 May, at **Harbour Plaza 8 Degrees**, transportation will be provided for team representatives stationed in another Team Hotel to attend the Technical Briefing. Please refer to the Information Desk in the Team Hotel for detailed information.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Briefing.

The Technical Briefing will provide updates and information which is not already mentioned in this team manual and will includes:

- Timetable amendments (if any)
- Qualifying procedures for Track Events
- Qualifying distances and conditions for Field Events
- Starting heights and raising of the bar for the vertical jumps
- Answers to written questions

Any inquiries concerning the technical conduct of the Championships must be made in writing (in English). These questions will be answered at the Technical Briefing.

The forms on which the questions must be filled-in online on the final confirmation platform, no later than 26 May 2026 at 18:00.

There will be an Orientation visit organised to the Youth Sports Ground, Kai Tak Sports Park, which will be held after the Technical Meeting on 27 May, in order for the team leaders to know access routes and other facilities which will be important to the teams. Team leaders are to meet LOC members at the team areas, from where they will be escorted to this. The tour will be guided and held in English.

5.1.3. Team Leaders' WhatsApp group

A WhatsApp group including all member federations' team leaders will be created on site, in order to offer an additional platform to address instant messages and announcements. Major information of interest for all will be communicated to the teams by the TIC/Asian Athletics via this group.

Asian Athletics kindly asks the team leaders to use this group only for questions or concerns of the interest of all teams. For the questions and concerns of their team only, a team leader is encouraged to use other means of communication with the Asian Athletics and the LOC (email, Virtual TIC, etc.).

6. COMPETITION & TRAINING VENUES, EQUIPMENT & IMPLEMENTS

6.1. Competition Venue (Stadium)

Stadium and its surroundings are shown in appendix.

Daily maps including location of field events for each session will be provided in due course.

Official Training at the Competition Venue

Teams could conduct their training at Competition Venue on **27 May** as below:

Events	Training Time
Track Events	14:00 – 18:00
Hammer Throw	10:00 – 12:00
Pole Vault	09:00 – 12:00 14:00 – 18:00

Training with Official Starters will take place at Stadium between 14:00 and 16:00 on 27 May.

Training of other events other shall be conducted at Joint Sports Centre (Warm-up Area).

6.2. Warm-up Area

The Warm-up areas will be located at Joint Sports Centre for all events except the Hammer throws.

For the Hammer Throw, the competition will be held on Day 1, a dedicated training session will be held between 10:00 and 12:00 on 27 May at the Competition Venue.

For the long throws, the warm-up venues will be operational according to the needs of the timetable. Dedicated time slots will be given for each Throw. The warm-up schedule for throwing events will be published in each hotel. Shuttle transportation for the long throws warm-up is available only via pre-booking. Booking must be done no later than 21.00 the day before the warm-up session at the information desk in the hotel.

6.3. Training Venues

Athletes will have the possibility to train in the following venue:

- Joint Sports Centre

Training of all events except Hammer Throw and Pole Vault can be conducted at this venue. Equipment and implements necessary for training will be available at the training venue. Opening Hours are as below:

Training Timetable at Joint Sports Centre

Event	26 May	27 May	28-31 May
Track Events	09:00 – 13:00 14:00 – 18:00	09:00 – 13:00 14:00 – 18:00	07:30 – 19:30
Jumping Events	09:00 – 13:00 14:00 – 18:00	09:00 – 13:00 14:00 – 18:00	07:30 – 19:30
Shot Put	09:00 – 13:00 14:00 – 18:00	09:00 – 13:00 14:00 – 18:00	07:30 – 19:30
Discus Throw	09:00 – 11:00 14:00 – 16:00	09:00 – 11:00 14:00 – 16:00	09:00 – 11:00 14:00 – 16:00
Javelin Throw	11:00 – 13:00 16:00 – 18:00	11:00 – 13:00 16:00 – 18:00	11:00 – 13:00 16:00 – 18:00

*NO Pole Vault & Hammer Throw training at Training Venue

There will be a small weight training room in Joint Sports Centre for warm-up purposes. Officials will be present to provide assistance in the case of problems or special requirements. Accreditation must be handed in when borrowing equipment and will be returned to the athlete when the equipment is handed back in.

Details about transportation will be displayed at the information desks in each team hotel.

6.4. Implements & Equipment

6.4.1. Official Implements

The implements provided by the LOC (see appendix) are selected from those appearing on the current World Athletics approved implements list.

6.4.2. Personal Implements

Personal Implements shall also be allowed, providing that:

- They are readily identifiable and are World Athletics certified
- They have been checked for compliance with World Athletics Rules
- They are made available to all the other competitors until the end of the Final

Personal implements will have to be submitted at the TIC the day before the event and no later than 19:00.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Note: “World Athletics Certified” implements may include older models that previously held a certificate but are not in production any longer.

In order to speed up the checking in of eligible personal implements, please come prepared and consult the World Athletics list on the website (<https://www.worldathletics.org/library>) in advance to identify the implement noting its World Athletics certification number. If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics Office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time.

The athletes are now allowed to use model of personal implements which are also provided by the organization. (rule WA TR 32.2)

6.4.3. Markers

Athletes will not be permitted to use their own markers during the Championships. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. Officials will also provide adhesive tape for the relay runners at the track.

7. ENTRY, QUALIFICATION SYSTEM & FINAL CONFIRMATIONS

7.1. Entry Rules

In accordance with Asian Athletics regulations all participants must comply with eligibility for Area Championships as set out in the World Athletics Rules.

No athlete may compete in the Asian Athletics U20 Championships unless entered by a Asian Athletics Member Federation.

Only athletes aged at least 16 (sixteen) and not more than 19 (nineteen) years on 31 December of the year of the competition (i.e. Born between 2007 and 2010) may participate in the Asian Athletics U20 Championships.

Competitors must be able to present, if requested to do so by the Technical Delegates, an official document stating their birth date.

7.2. Entry Procedure

Relay Teams

Each Asian Athletics Member Federation may enter 1 (one) team in each relay event. Up to 8 (eight) athletes may be entered for each relay. From these 8 (eight) and from any other athletes entered for any event in the Asian Athletics U20 Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

7.3. Entry Procedures

Entries shall be made through the Asian Athletics Event Management System which will be accessible at the following link: <https://events.asianathletics.com> Member Federations' entries manager shall use their already known individual and personalized access.

7.3.1. Final Entries

Final entries indicating the names and individual logistical information (detailed travel arrangements, accommodation request and rooming list) of the competitors and of the officials must be received not later than 10 (ten) days before the event. According to the regulations the deadlines for the final entries are:

- Opening of the final entries: 27 March 2026
- Deadline for the final entries: 27 April 2026

All member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report after having sent their Final Entries. Detailed travel and rooming list information will have to be registered for each athlete and official during the final entries process. Amendments and updates will then be possible through the accommodation and transportation modules after the closing of the final entries.

We do understand unexpected changes in the logistics plan could occur, especially in transportation (e.g. cancellation of flights). We would like to make sure these changes are well traceable, therefore please make sure that after the closing of the Final Entries any amendments and updates will have to be sent by email to hkasianu20@hkaaa.com with copy to competition@asianathletics.com

7.3.2. Final Confirmations

Team Leaders or their representatives must confirm the names of those competitors already entered who will take part in the competition. Confirmation of athletes will not be accepted after the deadline (see table below).

Final confirmation will have to be made online, via Virtual TIC.

Final confirmation forms can be submitted together (for all competition days) or for one day at a time in accordance with the times and dates shown in the table below:

Competition Day	Deadline for Final Confirmation
28 May 2026	After Technical Meeting on 27 May 2026
29 May 2026	10:00 on 28 May 2026
30 May 2026	10:00 on 29 May 2026
31 May 2026	10:00 on 30 May 2026

7.3.3. Relays Declaration Forms

The composition of each relay team and the order of running shall be officially declared via Virtual TIC no later than one (1) hour before the published first call time (the time by which the athletes must be present in the Call Room) for the respective heat of each round of the competition. Later changes can be only made personally at the Call Room and no later than the published first call time (the time by which the athletes must be present in the Call Room) for the respective heat.

The applicable deadlines will be published as part of the detailed daily Call Room schedule.

Once the team has taken part in the event, up to four additional athletes may take part in the Final. Substitutes may only be taken from the list of entered athletes, whether for the Relay or for any other event.

7.4. Failure to participate

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event, fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under World Athletics Rule 6 of the Competition Rules or CR6), shall be excluded from participation in all further events in the competition, including Relays (see World Athletics Rule 4 of the Technical Rules or TR4).



7.5. Withdrawals

Withdrawals after final confirmation, must be submitted via Virtual TIC. If the athlete is entered in another event of the Championships, the reason for the withdrawal must be specified in detail, being its acceptance, the responsibility of the Medical Delegate and the Technical Delegates based on the World Athletics Rules.

8. COMPETITION PROCEDURES

8.1. Timetable

Please refer to Appendix for the competition timetable.

In case of any changes or updates following the Final Entries, the updated/latest version of the timetable will be available in the Resource Centre section of the Virtual TIC.

8.2. Competition Bibs

8.2.1. General

For individual events, each competitor will receive 3 personal bibs with names. These must be pinned to the front and back of the competition clothing and to the bag.

Exceptions are made for jumping events where competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their bag).

Bibs must not be cut, folded or covered in any way.

8.2.2. Relays

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her back. These bibs will be distributed in the Call Room. On his/her front the runner must wear the personal bib.

8.2.3. Combined Events

For the Combined Events, the leading athlete after last event will be given a special bib (yellow background) indicating he/she is the leading athlete, to be worn on their chest.

8.2.4. Race Walking

Beside one personal bib with name, each competitor in the race walking events will be given two other bibs which must be worn as follows:

- The bib with his/her name and identification number of his/her front
- The bib with his/her identification number only on his/her back

8.2.5. Hip Numbers

The athletes competing in track events will also be given two adhesive hip numbers at the Call Room, before entering the Field of Play. The hip numbers must be secured to both sides of the athlete's shorts/legs.

8.3. Competition Clothing

Competitors must wear the Federation's official team clothing. World Athletics Rule 5 of the Technical Rules or TR5 will be strictly applied. Please make sure to follow the World Athletics Advertising Regulations in force. Clothing and items not conforming to this rule and the current World Athletics Advertising Regulations will be removed/taped at the Call Room.

Member Federations shall confirm their team vests. If the uniform displayed on AA extranet differs from your current official uniform, the revised Team Vests form must be uploaded by May 10 at 14:00 using the platform sent by Asian Athletics for that specific purpose. Otherwise, the existing records will be used as reference.

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition but also during any victory lap, interviews at the Stadium and Medal Ceremonies.

8.3.1. Shoes

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by World Athletics (<https://certcheck.worldathletics.org/>). In case of non-compliance with the TR5 or the list of approved shoes, an athlete may not be allowed to compete or disqualified after the competition with the result being void.

The shoes will be checked after the competition within the post event area (kit collection) after the mixed zone, randomly as well in case of doubts or upon special requests, as well as in case of a World Record. In the case of World Records, the shoes will be withheld by the relevant Referee and sent later to the World Athletics as per TR5. The referee also has the power to proceed to any check in case of doubt at any moment, in the call room for instance.

8.4. Competition & Call Room Procedure

Gathering Point:

The Gathering Point is located at the Joint Sports Centre. Access will be allowed to athletes only, controlled by accreditation cards and according to the detailed Call Room Schedule that will be published at the Virtual TIC on day-by-day basis. Athletes who reported to the Gathering Point will then be transported by dedicated transportation provided by the LOC to the Final Call Room at the Competition Venue according to the competition schedule.

Gathering Point of some of the events to be held in the morning sessions will be changed to TIC at Competition Venue, in which to be announced at Technical Briefing and will also displayed at CID at Team Hotels.

Final Call Room

The Final Call Room is located at the Kai Tak Sports Park, the Competition Venue. In general, the following reporting times will be used but may differ slightly in the final Call Room Schedule (all times are prior to the actual starting time of the event):

Events	Call notification Time (deadline for the call)	Arrival at the competition site
Track events	30 min before	6 min before
Relay	40 min before	10 min before
Hurdles	35 min before	7 min before
Horizontal Jumping events	50 min before	30 min before
High Jump	60 min before	40 min before
Pole vault	70 min before	60 min before
Throwing Events	60 min before	30 min before

All times are prior to the actual starting time of the event.

Athletes who fail to report on time to the Gathering Point without a valid reason may be excluded from participating in this and all further events in the Championships, including Relays. Athletes who report to the Final Call Room without report to the Gathering Point will be treated as absence, in which they are not allowed to compete in the competition.

a) Call Room Procedures

In the Final Call Room, the judges will check the following in accordance with World Athletics Rules:

- Competition Bibs
- Shoes and Spikes
- Uniforms
- Bags (identification on and content of)
- Any other kind of advertising

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices) will not be permitted in the infield as per World Athletics Rule 6 of the Technical Rules or TR6. Competition officials in the Gathering Point and Final Call Room will confiscate all not authorized items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

Competition officials in Final Call Room will collect the accreditation cards from competitors for the duration of the event. Athletes will be able to collect their accreditation cards back in the kit collection area after the event.

b) Combined Events

A Combined Events Rest Area (CERA) for the competitors taking part in combined events will be provided at the Competition Venue. As the presence of the athletes in this room between events is not obligatory, all athletes must report to this room before the start of an event to undergo their final check.

Fruit, energy bars, sandwiches and drinks will be provided in the resting area. Toilets and showers facilities will also be available.

Access to the combined events resting area is limited to the competitors and any other accredited person (coach, doctor, etc.) who are in possession of the appropriate combined events resting area pass. These passes can be collected at the TIC the day before the start of each combined event competition.

Athletes in Combined Events need to report to the Technical Information Centre at Competition Venue before their first event of each day. Then for any other events during the same day, the athletes are to report to the Final Call Room at CERA at the times provided by the Combined Events Referee, from where they would be escorted directly to the infield.

The schedule, as well as any other relevant information for the Combined Events athletes, will be shared with the Team Leaders on virtual TIC and on site at the Combined Events Resting Area.

Please note that the accreditation cards and/or confiscated items of all athletes will be collected in the CERA. The cards will be redistributed to all athletes after their event in the CERA, except after the last event of each session, when the athletes will pass through the mixed zone and the accreditation cards will be available for collection in the post event area. The CERA personnel will inform the athletes of the specific arrangements accordingly.

Trials in Field Events

In all throwing events, each athlete is allowed to have at least two practice trials under the supervision of the judges, more if time allows. The athletes will be called to the practice trials in the competition order.

In the remaining field events, the practice trials will be supervised by the relevant judges.

In qualification for the final in horizontal field events, all athletes will be allowed a maximum of three trials but any athlete qualifying after their first or second trial are not allowed to take any further trials. In the finals top 8 athletes after 3rd attempt, will be allowed 3 additional attempts (6 in total).

In the Finals of the Horizontal Jumps and Throwing Events, the competing order for the 4th and 5th and 6 rounds of trials shall be in the reverse ranking order based on the results after the first three rounds of trials.

In the Long Jump and Triple Jump, as per the WA Rules, a video system will be used to detect if an athlete breaks the vertical plane of the take-offline with any front part of their take-off foot/shoe. There will be a video screen in the infield, next to the runway, where the athletes would be able to see the video/picture of their take off, in case of need.

8.4.1. Race Walking

Race Walking events will be at Competition Venue and conducted under the World Athletics TR 54.

For disqualification a Penalty Zone is installed with the following arrangements:

- The Penalty Zone will have one entrance and one exit at opposite ends (both of the same size),
- Small barriers and cones will be used to clearly identify the Penalty Zone,

- The athletes are free to stop or continue moving inside the Penalty Zone however there will be no benches and no access to refreshments, drinking, sponging or other kind of assistance but communication with coaches is allowed,
- When an athlete receives 3 Red Cards, he/she must receive a communication from the Chief Judge or his Assistant showing him/her a paddle with the time penalty on both sides and he/she must stop in the Penalty Zone at the first opportunity,
- The applicable period in the Penalty Zone is 1 minute (60 seconds),
- The time penalty starts immediately as the athlete enters the Penalty Zone, and the athlete will be shown an appropriate card notifying him/her when 10 seconds remain on the time penalty,
- After the time penalty and following the instructions of the official in charge of the Penalty Zone, the athlete shall re-enter the event,
- The athlete is not judged in the Penalty Zone.

If the athlete then receives any additional Red Card(s) (from the judges who had not previously sent him/her one) he/she shall be disqualified, and the Chief Judge or his/her assistant must notify the athlete of his/her disqualification as soon as possible.

If an athlete receives 4 or more Red Cards before stopping in the Penalty Zone, the athlete shall be disqualified, and the Chief Judge or his/her assistant must notify the athlete of his/her disqualification as soon as possible.

If an athlete receives the third Red Card at the late stage of the race and it's not possible for the Chief Judge or his/her assistant to notify the athlete that he/she must stop in the Penalty Zone, the athlete shall finish the race, and the penalty time shall be added to his/her official time.

The Chief Judge maintains the power to immediately disqualify the athlete in the last 100m of a race (no time penalty).

A drinking/sponging station will be provided if weather conditions warrant such provision.

8.5. Coaching Zones

To allow communication between athletes and coaches, seats have been reserved in the stands close to the field events positions. Special passes for each field event will be distributed from the TIC to the teams, according to the Final Confirmation. There will be one pass per athlete competing. The pass is only valid when accompanied by a team accreditation, this accreditation needs to always be visible.

8.6. Post Competition Procedures

After the competition, athletes leave immediately through the mixed zone. In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The accreditation cards for all athletes (competing in track and field events) and the personal bags and clothing baskets for athletes competing in track events will be brought to the post event area located after the mixed zone. In the post event area (kit collection) also the (random) shoe check will take place and the confiscated items at the Call Room will be distributed at the TIC.

8.7. Drinking Stations

Water refill stations will be provided in the warm-up area, in the call room, in the infield and in the mixed zone.

8.8. Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with World Athletics Rule 8 of the Technical Rules or TR8.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by someone acting on his/her behalf or by an official representative of a team (World Athletics Rule 8 of the Technical Rules or TR8). Such a person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates.

In case the appropriate Referee is not accessible or available, the protest should be made online through the Virtual TIC. Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result (time of publication recorded in the pdf result sheets displayed on the results platform of Asian Athletics).

If the final decision of the Referee is not satisfactory a written appeal can be submitted to the Jury of Appeal also through the Virtual TIC. Any written appeal to the Jury of Appeal must be made in accordance with World Athletics Rule 8 of the Technical Rules or TR8 and signed by a responsible official on behalf of the athlete and submitted via the Virtual TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, the team acknowledges that a fee of 100 USD will be paid on submission of the form. The Jury's decision will be provided in writing to all teams through the virtual TIC.

9. MEDICAL

9.1. Medical Services

The medical service is in charge of any medical assistance to all accredited guests (Teams, LOC personnel, VIP guests and media) as well as, during the competition, to the spectators in the stadium.

Below you can find information about the medical care sites and relevant instructions.

Outside the official opening hours of the official venues and medical facilities, team members shall contact the on-call 24/7 medical assistance available through LOC designated Medical Coordinator. In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 999.

9.1.1. Medical Services in the Team Hotels

There are no medical services in the Team Hotels. Medical help in the hotels is available on call. The phone number of medical assistance will be displayed at the Technical Information Desk in the Team Hotel.

9.1.2. Medical Care at the Stadium & Warm-up Area

The Main Medical Centre serves the athletes, coaches, other team members as well as members of the competition organisation. The Main Medical Centre is located at Competition Venue (see appendix) and will be open according to the following schedule:

Date	Opening hours
	According to teams' arrival
27 May 2026	08:00 – 18:00
28 May 2026	08:00 – 22:00
29 May 2026	08:00 – 22:00
30 May 2026	08:00 – 22:00
31 May 2026	08:00 – 22:00

During other hours medical help is available on call and the number will be displayed at the Technical Information Desk in the Team Hotel.

The team doctors (with the special medical pass) will have access to the medical centre when an athlete of his/her own team is hurt or needs other medical attention.

9.1.3. Medical Care at the Training Areas

First Aid will be available at all Training venues during official training hours. Sport Medicine or other services will be on call for these venues.

9.2. Import of Medication and Medical Equipment

Team healthcare personnel are responsible for the storage and safekeeping of their delegation's medicines and supplies. LOC is not responsible for, and shall have no liability relating to, or arising out of the storage or monitoring of the supplies and medicines by the team.

Doping Control

9.2.1. General Information

Doping controls will be conducted in accordance with World Athletics Anti-Doping Rules which are compliant with the WADA code in force since 1 January 2021. The controls will be done under the supervision of the Asian Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti-doping officials. Athletes will be required to sign a doping control notification form after leaving the Mixed Zone. Athletes have the right to be accompanied to the Doping Control Station (DCS) by an accredited team representative of their choice.

As per the applicable regulations selected athletes should report to the DCS immediately, exceptionally athletes will be allowed to proceed to the DCS when they are ready to perform the test. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusal to provide a sample without a valid reason would result in disqualification and may result in further disciplinary action. Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the Asian Athletics Doping Control Delegate.

9.2.2. Additional Controls

Athletes requiring doping control (e.g., for national record) may request to be tested by completing a "Doping Control Request Form" available in the Virtual TIC. After the submission of the form in the Virtual TIC, the athlete and his/her representative can proceed directly to the Doping Control Station.

The cost of this control (sample collection material and analysis costs) will be paid by the MF or the Athlete himself at the time of submitting the form.



10. CEREMONIES & SOCIALS

10.1. Opening Ceremony

The Opening Ceremony will take place on 28 May 2026, at the Competition Venue. Details will be provided upon arrival.

10.2. Medal Ceremonies

All the Medal Ceremonies will take place at Competition Venue.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided by the LOC. No other items shall be taken to the podium, such as flags, bags, phones or other.

Teams will receive detailed information on the Medal Ceremonies at the Technical Briefing.

CONTACT DETAILS

For further details about the Asian Athletics U20 Championships in Hong Kong China please contact:

Asian Athletics (sec@asianathletics.com)

Local Organizing Committee (hkasianu20@hkaaaa.com)



APPENDICES

Appendix 1 – Key dates and General Programme

Appendix 2 – Implements List

Appendix 3 – Daily Schedule

Appendix 1 – Key dates and General Programme

Date	Time	Event	Place
26 May		Teams Arrival	
26 May	10:00	Team Accreditation center open	
26 May	18:00	Deadline for submitting written questions for the Technical Briefing	Virtual TIC
27 May	09:00 – 12:00 14:00 – 18:00	Athletes Official Training	
27 May		Orientation Visit and Technical Briefing	
27 May		Final Confirmation of Entries for Day 1	Virtual TIC
28 May	15:15	Opening Ceremony	Competition Venue
28-31 May	08:30	Competition (Morning Session)	Competition Venue
	16:00 or 16:30	Competition (Afternoon Session)	Competition Venue
1 Jun		Teams Departure	